



Sample Activities

We have an enhanced Wellbeing Programme including access to facetime, video calling, email and skype. Taking guidance from our residents, our programme is designed around their needs and preferences. From one to one activity and socially distanced group settings to virtual events with friends and neighbours in our communities, there is something for everyone. Here's a sample of some of our most popular activities.

Baking

Music Therapies

Movement to music

Intergenerational local community events

Book club & Literature club

Arts and Crafts

Virtual church service/In home spiritual Service

Daily Reminiscence

Social coffee morning

Quiz of the week

Pamper sessions – manicures, hand massages and nail art.

Bingo

