

# Riverside Place



CARING HOMES

## Sample Activities

We have an enhanced Wellbeing Programme including access to facetime, video calling, email and skype. Taking guidance from our residents, our programme is designed around their needs and preferences. From one to one activity and socially distanced group settings to virtual events with friends and neighbours in our communities, there is something for everyone. Here's a sample of some of our most popular activities.

Music & Movement

Chair Exercises

Sherry Morning

Pamper Afternoon

Arts and Crafts

Baking

Gardening

Board Games & Dominoes

Clay Crafts

Afternoon Tea

Quiz of the Week

Film Evening

