

At Christmas what matters to you matters to us

Christmas in our care homes

As families throughout the UK prepare for Christmas and New Year 20,000 care homes are doing the same. Caring for a loved one can be all-consuming, leaving little time for Christmas planning and hosting. With only a short time to go, if you need to take some time away from your everyday caring role at any point in the run up to, or during, the Christmas period, respite care with Caring Homes is a reassuring option.

At Caring Homes we make sure Christmas can be enjoyed by all our residents and by their relatives. You can continue your established Christmas traditions or perhaps pick up some new ones.

During the festive period we look after more than 3000 residents whether they are with us for permanent care or a short stay.

Our home managers and care teams will speak to you and your loved ones so that we know what matters to you and your family at Christmas.

The Christmas period is a nostalgic one, with every family having their own much-loved traditions. Our reminiscence therapy and activities programmes will help all residents to get the most out of this time. Sharing memories are embedded into the lead up to Christmas Day and our colleagues can help residents to write cards, or to make gifts and decorations. Programmes will be tailored to the individual and everyone can be as involved as they want to be.

We work hard to maintain links with our local communities and at Christmas our homes have a full programme of festive fun and which can be enjoyed by family and residents, as much or as little as they want.

If you would like to find out more about our short stay breaks and availability at Caring Homes, contact us now on Freephone 0808 223 5400.

Helping you to enjoy Christmas:

- Unrestricted visiting – come in and see your loved one when you like.
- Enjoy Christmas lunch or tea with your loved one – just let us know when you want to come in
- Christmas church services if desired. We can take residents out to attend local services or many homes have visiting church groups or carollers coming in to visit.
- Christmas games and events. Our activities teams work hard to have a full programme of events, arts and crafts suitable for the residents and the time of year.
- Festive food and drink is on the menu.
- Our latest Hospitality and Meal Survey Analysis Report tells us our residents do have their favourites at any time of the year. We have porridge offered every day which is a firm favourite and tea is still our most popular hot drink.
- Drinks and snacks, including popular festive options – will be available throughout the day.
- Sticking to routines. Some of our residents prefer to stick to their normal daily routines and the needs of the individual are always our utmost priority.