



Sarah

SARAH JANE COPEMAN
HOME MANAGER

Welcome to Brook House

A purpose built home located in Towcester, offering residential, nursing and dementia care on a permanent and short stay basis.

As the Home Manager I believe in enhancing the lives of our residents and that they should be able to live the life they want. I enjoy taking on the responsibilities that come with managing a home and I encourage the inclusion of everyone in the home, to create a friendly environment and a great place for us all to live, work and visit.

I have worked in the care sector for over 20 years, progressing through various roles including being a carer, team leader and Home Manager at both small and larger homes. I have a passion for ensuring that residents that are living with dementia as well as their families are supported and encouraged to live the life they wish. This includes acknowledging and utilising the skills they have to enhance their time at the home, so they can carry on doing the things they love.

I operate an open-door policy and am approachable, not only to my team, but to the residents and their relatives too as it is their home. I encourage residents to make their rooms their own, by bringing in personal items to help make it homely for them.

I am passionate about being able to support and develop my team and seeing team members grow in their roles at the home as I work with them to offer the best care and environment possible for our residents.

I have lived in the Towcester area for over five years and our home has a strong connection with the local community, and this is something that I am proud of and want to develop further.

In my spare time I enjoy walking with my dog Daisy around the wonderful green space that Towcester has to offer, spending time with my three grandchildren and as a family we are season ticket holders to Chelsea football club so get to watch regular games.

Brook House

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CARING HOMES

Email us enquiries@caringhomes.org
Call us on 0808 169 8662 freephone
Find us online at caringhomes.org/brook-house