

Rendlesham



CARING HOMES

Sample Menu

Breakfast

Porridge with a choice of toppings

Choice of cereals

Selection of toast with preserves

Full English breakfast, including poached, boiled or fried eggs, grilled sausages, bacon and tomato

Hot & cold beverages including orange juice, tea and coffee

Lunch

Roast top side of beef, served with roast potatoes, vegetables and yorkshire puddings

Or poached haddock with parsley sauce

Selection of ice cream

Supper

Homemade soup of the day

Spanish omelette with side salad

Or assorted freshly made sandwiches

Homemade apple tart and fresh cream

Milkshakes and vanilla arctic roll