



Sample Menu

Breakfast

Fresh fruit and yoghurt

Choice of fresh seasonal fruits and selection of flavoured yoghurt

Cereals

Choice of cornflakes, bran flakes, muesli, Weetabix and home-made porridge served with hot or cold milk

Bakery

Selection of white and brown bread, croissants or danish pastries served with jam, marmalade and butter

Eggs and meat selection

Poached, boiled or fried eggs prepared to your choice served with grilled sausages, bacon and tomato

Beverages

Selection of hot and cold beverages including choice of chilled orange, cranberry and apple juice, tea and assortment of coffees

Lunch

Tomato soup or egg mayonnaise

Slow cooked beef with winter vegetables or bean and bacon stew

Selection of potatoes and seasonal vegetables

Sticky date sponge with custard or cream fresh fruit

Supper

Chef's soup of the day

Chicken and chips or selection of freshly made sandwiches

Jelly and cream

Fresh fruit