

Mount Pleasant



CARING HOMES

Sample Menu

Breakfast

Fresh Fruit and Yoghurt

Choice of Cereals

Toast served with Butter, Selection of Jams
or Marmalade

Cooked Breakfast, including Bacon, Sausage,
Eggs, Fried Bread, Tomatoes

Tea or Coffee

Lunch

Beef Casserole with Sausage and Onion Gravy,
Mashed Potato, Green Beans and Sweetcorn

Hunters Chicken with Chips and Mixed Vegetables

Spaghetti Bolognese with Garlic Bread

Apple Crumble with Custard

Rice Pudding

Supper

Chef's Soup of the Day

Selection of Sandwiches or Wraps

Ice Cream Sundae

Fruit Scones