

Claydon House



CARING HOMES

Sample Activities

Taking guidance from our residents, our wellbeing programme is designed around their needs and preferences. From one to one activity and group settings to events with friends and neighbours in our communities, there is something for everyone. Here's a sample of some of our most popular activities.

Guided meditation

Sensory activities

Chair exercises

Intergenerational local community events

Arts and crafts

Puppet storytelling

Daily reminiscence

Quizzes

Board games

Gardening

Musical entertainment

Pamper sessions – manicures, hand massages and nail art.

