

Cotman House



CARING HOMES

Sample Menu

Breakfast

Selection of fresh fruit juices or Florida pink grapefruit segments

Selection of cereals with toast and preserves

Full English cooked breakfast

Freshly brewed tea and coffee

Lunch

Pork belly in honey with garlic sauce

Fish pie with puff pastry top

Roast leg of lamb with mint sauce

Salmon with pesto cream sauce

Served with broccoli or cauliflower florets, sliced carrots, garden peas, roast parsnips and roast, new or mashed potatoes.

Dessert

Syrup sponge with creamy custard

Dropped scone with glazed bananas ice cream and toffee sauce

Tea

Soup of the day with bread

Tuna and red onion quiche

Poached egg on toast

Selection of sandwiches

Fresh fruit and cake selection