

East Hill House



CARING HOMES

Sample Activities

We have an enhanced Wellbeing Programme including access to facetime, video calling, email and skype. Taking guidance from our residents, our programme is designed around their needs and preferences. From one to one activity and socially distanced group settings to virtual events with friends and neighbours in our communities, there is something for everyone. Here's a sample of some of our most popular activities.

Baking

Around the world theme days

Memory games

Music Therapies

Arts and Crafts

Pamper sessions – manicures and hand massages

Chair exercises

Flower arranging

Quizzes and puzzles

Ball and parachute games

Sensory activities

