

# East Hill House



CARING HOMES

## Sample Menu

### Breakfast

Selection of fresh fruit juices or Florida pink grapefruit segments

Selection of cereals with toast and preserves

Full English cooked breakfast

Freshly brewed tea and coffee

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Mid morning tea/ coffee served with a selection of biscuits

### Lunch

Roast beef & yorkshire puddings

Served with baby carrots and roast potatoes, roast parsnips and cabbage.

or

Prawn salad

### Dessert

Apple pie with cream

Cheese and biscuits

### Afternoon Tea

Served with fruit cake

### Supper

Cream of mushroom served with bread

Selection of sandwiches

Cornish pasty served with fresh salad

Treacle tart