

Parris Lawn



CARING HOMES

Sample Menu

Breakfast

Selection of fresh fruit juices and cereals

Creamy porridge

Full English cooked breakfast

Freshly brewed tea and coffee

Lunch

Root vegetable soup with homemade bread

Roast topside of beef

Turkey burger with brie heart

Baked cheesecake and poached peaches

Accompaniments

Served with petit pois, carrot and swede mash, roast parsnips and roast or mashed potatoes.

Dessert

Chocolate brownie with ice cream

Evening Meal

Soup of the day with homemade bread

Quiche Lorraine with side salad

Cod goujons with tartare sauce

Served with buttered new potatoes and coleslaw
with fresh chives

Cold dessert selection

Also available at mealtimes

Selection of sandwiches

Omelette of the day

Jacket potato with filling of choice