

Benson House



CARING HOMES

Sample Activities

We have an enhanced Wellbeing Programme including access to facetime, video calling, email and skype. Taking guidance from our residents, our programme is designed around their needs and preferences. From one to one activity and socially distanced group settings to virtual events with friends and neighbours in our communities, there is something for everyone. Here's a sample of some of our most popular activities.

Baking

Flower Arranging

Yoga

Book Club

Arts and Crafts

Virtual Church Service

Daily Sparkle Reminiscence

Sherry and Scrabble

Daily Exercises with Music

Quiz of the Week

Spa morning - manicures, pedicures
and hand massages

Bingo

