

## LIFESTYLE

All resident's meals are freshly prepared on the premises by our own qualified chefs, and we are happy to cater for special diets and even individual preferences.

If desired, residents can also take advantage of the hot or cold drinks and snacks that are available throughout the day.

We like to encourage residents to take their meals together to promote a good social spirit, providing excellent opportunities for general interaction or simply catching up with friends. However, there is the option for residents to dine in the privacy of their own room.

## SERVICES

As a dedicated care home, Rectory aims to offer a full complement of appropriate facilities that will make residents' lives as pleasant and fulfilling as possible. We have our own on-site hairdressing salon, which allows residents the opportunity to "go to the hairdressers".

A fully equipped on-site laundry is provided as an inclusive part of the care-home fee, whilst we recommend sending any delicate items to the local dry cleaners.

## RELIGION/SPIRITUAL LIFE

Every individual has spiritual needs; for some people, this can take the form of religious worship, but for others it can be a special place or something with a special meaning. We acknowledge every individual's personal and cultural beliefs and values, and endeavour to uphold them to the full. Regular church services are held in the care home.

## VISITORS

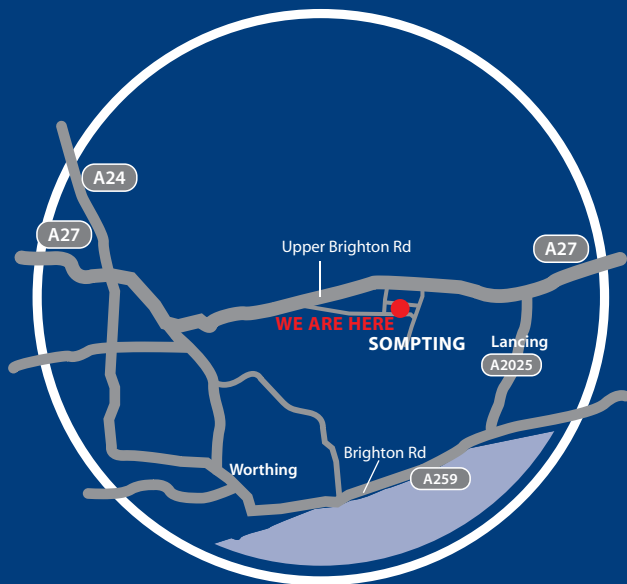
At Rectory House, we are keen to welcome visitors, including children, and they are encouraged to visit whenever they wish subject to residents' needs and bedtimes.

Hot and cold drinks are readily available for visitors, and visits can take place in any of the communal lounges or in the privacy of residents' rooms if preferred.

## THE NEXT STEP

If you are looking for a top-quality care home for a relative or a friend, please contact our home manager on freephone 0808 166 1324 for further details or to arrange a viewing.

## HOW TO FIND US



Freephone 0808 166 1324

West Street, Sompting, Lancing  
West Sussex BN15 0DA

[www.caringhomes.org](http://www.caringhomes.org) • email: [marketing@caringhomes.org](mailto:marketing@caringhomes.org)



# Rectory House

CARE HOME WITH NURSING

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Rectory House is a grand Georgian property that has been sympathetically converted into a home of distinction. A beautiful double fronted property of perfect proportions, typical of a gentlemen's residence of its time, set in attractive landscaped gardens, featuring a large fountain to the front which provides an attractive focal point from the house.

The house provides attractive and well presented accommodation throughout, including a choice of drawing rooms and day rooms which boast high ceilings, sash windows, period mouldings and fireplaces reflecting its Georgian heritage.

The home is conveniently located in Sompting and lies west of the River Adur, between Brighton to the East and Worthing to the west. The A27 passes through the village separating it from the South Downs. The pleasing approach to Rectory House creates an especially welcoming impression and within close proximity are a number of shops and local amenities, making its location ideal for those wishing to maintain community links and independence

## PROFESSIONAL CARE

At Rectory House, we maintain a culture of total quality, and believe that the training and support of all staff plays a major role in ensuring high standards are maintained.

Under the guidance of the home manager, the staff at Rectory House focus on providing a positive person-centred approach towards residents' care, supporting each individual resident according to their precise needs.

A high staff/resident ratio is designed to ensure that residents' individual needs can be fully met, and all our staff are highly trained in their respective fields.

Tailored care plans are drawn up on an individual basis with residents in conjunction with their relatives to ensure that care delivery is discreet and appropriate, enabling residents to enjoy the highest quality of life while retaining their privacy, independence and dignity.

## SOCIAL ENVIRONMENT

At Rectory House, the emphasis is firmly on creating an environment that is a true home from home. We especially encourage residents to personalise their rooms to create a homely and relaxing atmosphere in which they feel completely comfortable.

The home boasts a wide variety of general rooms to enable residents to maintain their own space while enjoying a social atmosphere.

Strong community links and a dedicated activities coordinator ensure that there is always something to do at Rectory House. Regular outings and excursions are organised, either for individuals or groups. We take great pride in our activity programmes, which are designed around individual abilities to promote a sense of well-being and achievement in each resident.

## ACCOMMODATION

The private accommodation at Rectory House offers care for up to 40 residents in attractively decorated and personalised single en-suite bedrooms. All rooms are fully furnished and are equipped with TV points and private telephone lines can be installed in every room for residents to alert staff if required at any time of the day or night. There is a personal call system throughout, and all bedrooms on the first floor are accessible via a passenger lift.

