

QUALITY CARE HOME – Coming Soon

OPENING
LATE 2010



ABBEYCREST – Reading, Berkshire

As one of the largest independent care homes groups in the UK, Caring Homes has an experienced commissioning team which provides exceptional homes to meet the specific needs of our residents.

We are currently developing a purpose built seventy one bed care home in the picturesque village of Sonning Common. The home is situated within a mile of the village centre, and the local facilities and amenities. Sonning Common is well placed for both historic Henley-on-Thames and the vibrant town of Reading, with train and bus connections close by.

This extraordinary home has been specifically designed to meet the needs of individuals suffering from Alzheimer's disease and other forms of dementia illness, in addition to providing general residential care, providing a home for life.

The development team has worked closely with leading pioneers in the field of dementia to ensure that the building's design features compensate for the impairments a person with dementia may have.

Design features include:

- *Memory boxes placed next to each bedroom door, to act as a trigger for individuals to identify their personal space*
- *Safe areas, including drawers and cupboards, revealed behind glass frontage, reducing the frustration caused when looking for something*
- *Purpose built activities room, in which art therapy, sensory and cognitive reminiscence can take place as well as general pastimes*
- *Flowing corridors and circulation areas enabling individuals to see exactly where they are going, thus reducing anxiety and frustration caused by disorientation*
- *Numerous visual triggers, including specialist signage throughout the home, supporting people in orientation and identification of personal and communal areas, again reducing the level of frustration that can be caused through the disorientation of an old converted building*

These features can reduce the stress, anxiety and frustration experienced by many and this ultimately supports an improvement in quality of life and retention of dignity.

**For more information
or to make a referral please contact:**

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