

LIFESTYLE

Dining is an important part of life at Strathview. The chef's aim to take residents' individual needs and tastes into consideration in the preparation of the excellent wholesome home cooked meals. In addition to breakfast, lunch and supper, hot and cold drinks and a range of snacks are available throughout the day. We are also happy to cater for special diets and individual preferences.

Residents are encouraged to take their meals together in the dining room to foster a good social spirit, providing excellent opportunities for general interaction or simply catching up with friends. However, there is an option to take meals in the privacy of your bedroom.

We have a visiting hairdresser, chiropody and other practitioners attending the home regularly.

RELIGION

The spiritual aspect of life is a vital element of residential care at Strathview. Residents from all religious faiths are welcome. We acknowledge every individual's personal and cultural beliefs and values, and endeavour to uphold them to the full. Weekly services are available if desired.

REGULATION AND INSPECTION

Strathview is registered and inspected by the Care Commission and operates under the guidelines of the National Care Standards. Inspection reports are available to residents and their families. In addition there are annual visits by the Environmental Health Officer, Fire Officer, and other associated regulators.

VISITORS

We always encourage visits from family members and friends to ensure that they are completely happy with the surroundings and care we give to all of our residents. Visitors are welcome at any time during the day or evening, subject to the care and rest needs of individual residents. We also welcome residents to invite friends and family to join them for meals – for special occasions, such as birthdays, where we try to organise something a little bit special.

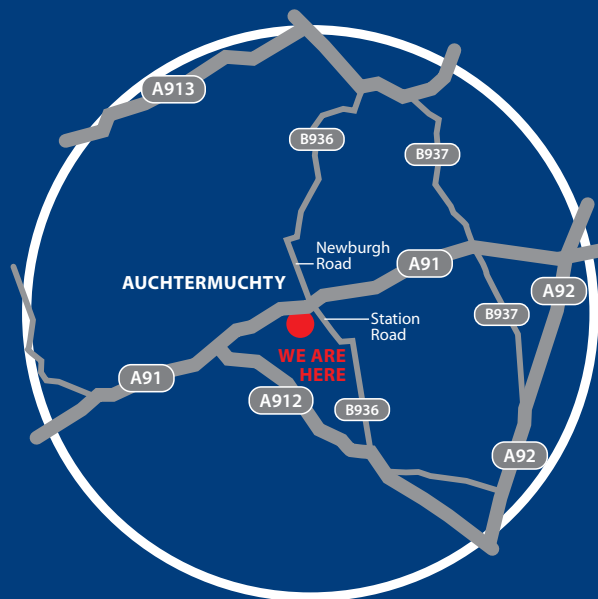
SHORT STAYS

Subject to availability, we also welcome short-stay residents who simply wish to enjoy a break with us, require a period of convalescence, or wish to sample the lifestyle with a view to becoming a permanent resident in the future.

NEXT STEP

We are very happy to arrange visits from prospective residents and their families, extending a warm welcome to all visitors. To visit the home, or to make an appointment for an assessment of a prospective resident's care needs, please contact our manager on Freephone 0808 166 9034 for further details.

HOW TO FIND US



Freephone 0808 166 9034

Carswell Wynd

Auchtermuchty, Fife KY14 7FG

www.caringhomes.org email: marketing@caringhomes.org



Strathview

CARE HOME

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Strathview is a modern, purpose built home enjoying a prime location on the edge of the charming rural village of Auchtermuchty and is surrounded by glorious countryside.

The home's close proximity to the village centre puts a wide selection of shops and other amenities within easy reach, enabling residents to maintain close links with the local community and surrounding area.

Auchtermuchty is approximately 30 miles north of the Forth Road Bridge and is within easy reach of the thriving cities of Edinburgh, Glasgow, Dundee, Perth and St. Andrews.

In this tranquil location residential care is provided to up to 24 people over the age of 60. It is our aim to provide a comfortable and enjoyable home with a friendly and companionable atmosphere, where residents can enjoy the highest standard of care from highly trained and qualified staff.

PROFESSIONAL HEALTHCARE

Our team of friendly and dedicated staff ensure exceptionally high standards are maintained. The health and welfare of residents is paramount, with staff encouraged to constantly develop their skills with the support of our in house training provider.

Our key focus is in on providing a safe, homely and supported environment for those within our care, through a planned multidisciplinary team approach. We are fully committed to meeting the physical, psychological and spiritual needs of our residents to the greatest extent that their individual circumstances permit.

Under the management of the care home Manager tailored care plans are drawn up with residents on an individual basis in conjunction with their relatives. We aim to ensure that care delivery is discreet and appropriate, while also enabling residents to retain their privacy, independence and dignity. The plans are regularly reviewed so they can be adjusted as a person's needs change, ensuring appropriate care delivery at all times.

ACCOMMODATION

The desire to create a 'home from home' is uppermost in the minds of staff at Strathview and the accommodation reflects this. The accommodation is all on ground level enabling access throughout for all residents. There is a large entrance hall with various seating areas and corridors lead to three private room wings. An attractive lounge is situated to the front of the building. There is also a comfortable sitting room which, is decorated in relaxing pastel shades and offers a television, video, DVD player, electric organ and library area. There is also a spacious dining room. Both the lounge and dining room have large

bay windows with uninterrupted views over open farmland to the beautiful Lomond Hills. Strathview is set in attractive gardens, with paths meandering to strategically placed seating areas for everyone to take pleasure in. A pergola and summerhouse offer more sheltered enjoyment of the gardens.

PRIVATE ROOMS

Strathview offers care to 24 residents in spacious en-suite single rooms. All rooms are fully furnished and fitted with TV points. Arrangements can be made for a personal telephone line if so wished. All rooms are individually decorated and personalised, and residents are encouraged to bring some of their own belongings with them, to help them feel they are part of familiar surroundings. Pets may be brought with the prior agreement of the management and existing residents.

SOCIAL ENVIRONMENT

There are clear benefits for residents maintaining hobbies and leading as active a lifestyle as possible. We encourage the pursuit of special interests and hobbies, and our dedicated activities coordinator plans a wide range of events and activities that can be enjoyed by everyone, including crafts, games and sing-alongs, as well as regular outings. All residents are encouraged to participate in these activities subject to their needs and abilities, enhancing residents' lives wherever possible. We also arrange 'theme nights', where the food, drink and staff outfits reflect the theme – Scotch Night, Bothy Night and many more.

Outside, the landscaped gardens and patio areas grant residents a place to sit and relax or socialise in a safe and secure environment.

