

Dining is an important part of life at Rendlesham. We place great emphasis on traditional cooking, plentiful servings and choice. The chef aims to take residents' individual needs and tastes into consideration when preparing the excellent wholesome home cooked meals. We are happy to cater for special diets and individual preferences.

We also have hairdressing, chiropody and other practitioners attending the home regularly. At Rendlesham dedicated treatment rooms are available for use by attending practitioners.

RELIGION

The spiritual aspect of life is a vital element of residential care at our homes. Residents from all religious faiths are welcome. We acknowledge every individual's personal and cultural beliefs and values, and endeavour to uphold them to the full. Weekly services are available if desired.

REGULATION AND INSPECTION

Rendlesham is registered and inspected by the Care Quality Commission and operates under the guidelines of the National Minimum Care Standards. Inspection reports are available to residents and their families. In addition, there are annual visits by the Environmental Health Officer, Fire Officer and other associated regulators.

VISITORS

We operate an "open visiting" policy, and residents are welcome to invite whoever they choose into their personal living space. We encourage visits from family members and friends to ensure that they are completely happy with the surroundings and care we give to all our residents. Visitors are welcome at any time during the day or evening, subject to the care and rest needs of individual residents.

SHORT STAYS

Subject to availability, we also welcome short-stay residents who simply wish to enjoy a break with us,

require a period of convalescence, or wish to sample the lifestyle with a view to becoming a permanent resident in the future.

NEXT STEPS

We are happy to arrange visits from prospective residents and their families, extending a warm welcome to all visitors. To visit the home, or to make an appointment for an assessment of a prospective resident's care needs, please contact our manager on 0808 166 9042 for further details.

HOW TO FIND US



Freephone 0808 166 9042

Suffolk Drive, Rendlesham
Suffolk IP12 2TP

www.caringhomes.org • email: marketing@caringhomes.org



Rendlesham

CARE CENTRE

CARING HOMES 
part of the caring homes group

Rendlesham

CARE HOME

The home provides older people with high quality nursing care and has been designed around the needs of individual dementia sufferers offering them a stimulating and individualised approach to care.

The home is located at the heart of the new housing development on the outskirts of Rendlesham village close to local amenities.

In this tranquil setting nursing, residential and dementia care is provided for up to 60 people, it is our aim to provide a comfortable and enjoyable home with a friendly and companionable atmosphere where residents can enjoy the highest standard of care from highly trained and qualified staff.

THE HOME

Rendlesham Care Centre has been thoughtfully designed to take account of the specialised care of individuals suffering from Alzheimer's disease and other types of dementia. The building has been designed to support people who suffer from impaired memory and ability to learn and remember, reducing stress and enabling them to retain their skills and independence.

Rendlesham Care Centre is a two storey building with access to courtyard gardens. The garden has been designed with specific features and careful planting to provide residents with an accessible and stimulating environment in which they can socialise. A passenger lift ensures that residents can access all areas of the home.

The 60 en-suite bedrooms provide comfortable, bright and spacious accommodation. All rooms are furnished and decorated to a high standard and residents are encouraged to bring some of their own belongings with them, to help them feel they are a part of familiar surroundings.

Special features include memory boxes, which have been placed in the walls next to each bedroom door to help residents find their bedroom easily. Residents can place precious personal items inside the box, such as wedding photographs to act as a reminder. Further, the comfort and safety of the environment is enhanced by automatic lighting which comes on in each bedroom at night to light a safe path to the bathroom.

PROFESSIONAL NURSING & HEALTHCARE

On duty 24-hours a day, our dedicated teams of staff provide high quality nursing care appropriate to individual needs. Our key focus is in providing a safe, homely and supported environment creating a positive person-centred approach towards residents care, through a planned multi-disciplinary team approach.

At Rendlesham, we carry out "Life Story" work with our residents so that we can tailor an appropriate care plan. Building a life story using our Golden Years methodology, creates a positive relationship and develops a genuine understanding of an individual's life, needs and interests before they developed dementia. We draw up tailored care plans with residents on an individual basis in conjunction with their relatives, in order to support each individual resident according to their precise needs. The plans are regularly reviewed so they can be adjusted as an individual's needs change, ensuring appropriate care delivery at all times.

LIFESTYLE

We ensure a wide range of activities are available to help maintain a person's purpose and self worth. Residents may pursue their interests and hobbies either individually or in small groups, and the homes dedicated activities coordinator ensures there is always something going on. We also organise regular outings and try to accommodate other special interests wherever possible.

