

required at any time of the day or night.

## LIFESTYLE

Dining is an important part of life at Gildawood Court. We place great emphasis on traditional cooking, plentiful servings and choice. The chef and kitchen staff aim to take residents' individual needs and tastes into consideration in the preparation of the excellent wholesome home cooked meals. We are happy to cater for special diets and individual preferences. In addition to breakfast, lunch and supper, hot and cold drinks and a range of snacks are available throughout the day.

We have a visiting hairdresser, chiropody and other practitioners attending the home regularly.

## RELIGION

The spiritual aspect of life is a vital element of residential care at Gildawood. Residents from all religious faiths are welcome. We acknowledge every individual's personal and cultural beliefs and values, and endeavour to uphold them to the full. Weekly services are available if desired.

## REGULATION AND INSPECTION

To ensure we continue to maintain high standards of care, we are registered and inspected by the Commission for Social Care Inspection (CSCI), and operates under the guidelines of the National Minimum Care Standards. Inspection reports are available to residents and their families. In addition, there are annual visits by the Environmental Health Officer, Fire Officer, and other associated regulators.

## VISITORS

We always encourage visits from family members and friends to ensure that they are completely happy with the surroundings and care we give to all of our residents. Visitors are welcome at any time during the day or evening, subject to the care and rest needs of individual residents.

## SHORT STAYS

Subject to availability, we also welcome short-stay residents who simply wish to enjoy a break with us, require a period of convalescence, or wish to sample the lifestyle at Gildawood Court with a view to becoming a permanent resident in the future.

## NEXT STEP

We are very happy to arrange visits from prospective residents and their families, extending a warm welcome to all visitors. To visit the home, or to make an appointment for an assessment of a prospective resident's care needs, please contact our manager on Freephone 0808 166 1228 for further details.

## HOW TO FIND US



Freephone: 0808 166 1228

School Walk, Attleborough, Nuneaton,  
Warwickshire CV11 4PJ

[www.caringhomes.org](http://www.caringhomes.org) email: [marketing@caringhomes.org](mailto:marketing@caringhomes.org)



# Gildawood Court

CARE HOME

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Gildawood Court is a modern purpose built care home enjoying a prime position close to the centre of Attleborough and within a mile of the town of Nuneaton, in the beautiful county of Warwickshire.

Once a small hamlet listed in the doomsday book, Nuneaton is now a lively modern town, with numerous amenities. Its most famous ex-resident was Mary Ann Evans, better known as writer George Eliot, and many of the civic buildings are named after her.

The building has been thoughtfully designed to provide the perfect environment for the specialised care of residents suffering from Alzheimer's disease and other dementia illnesses.

It is our aim to provide a comfortable and enjoyable home with a friendly and companionable atmosphere, where residents can enjoy the highest standard of care from highly trained and qualified staff.

## PROFESSIONAL HEALTHCARE

Our team of friendly and dedicated staff ensure exceptionally high standards are maintained. The health and welfare of residents is paramount, with staff encouraged to constantly develop their skills with the support of our in house training provider.

Our key focus is in on providing a safe, homely and supported environment for those within our care, through a planned multidisciplinary team approach. We are fully committed to meeting the physical, psychological and spiritual needs of our residents to the greatest extent that their individual circumstances permit.

Under the management of the care home Manager tailored care plans are drawn up with residents on an individual basis in conjunction with their relatives. The plans are regularly reviewed so they can be adjusted as a person's needs change, ensuring appropriate care delivery at all times.

We aim to ensure that care delivery is discreet and appropriate, while also enabling residents to retain their privacy, independence and dignity. We run a 'named carer' and 'key worker' system, which provides continuity of care and brings familiarity between residents and staff.

## SOCIAL ENVIRONMENT

The desire to create a 'home from home' is uppermost in the minds of staff at Gildawood Court. All rooms are individually decorated and personalised, and residents are encouraged to bring some of their own belongings with them, to help them feel they are part of familiar surroundings.

The home is decorated in pastel shades providing a relaxing environment for residents over its two floors. On the ground floor there is a large reception area, five spacious lounges and a dining room. There is also a day room which is used for activities.

There are clear benefits for residents in maintaining hobbies and leading as active a lifestyle as possible. We encourage the pursuit of special interests and hobbies, and our dedicated activities coordinator plans a wide range of events and activities that can be enjoyed by everyone. These may include traditional hobbies such as gardening, cookery, sewing, knitting and keeping fit, through to more care related therapies such as cognitive and sensory therapies. All residents are encouraged to participate in these activities subject to their needs and abilities, enhancing residents' lives wherever possible.

Residents are encouraged to take their meals together in the dining room to foster a good social spirit, providing excellent opportunities for general interaction or simply catching up with friends. However, there is an option to take meals in the privacy of your bedroom.

Outside, the landscaped gardens and patio areas provide a venue for outdoor activities, such as sensory therapy, or to simply unwind and relax.

## PRIVATE ROOMS

Gildawood Court offers care to up to 60 residents in well-appointed single rooms, with ensuite facilities. All rooms are fully furnished and fitted with TV points. There is an emergency nurse-call system installed next to each bed for residents to alert staff if

