

RELIGION

The spiritual aspect of life is a vital element of residential care at Abbeycrest.

Residents from all religious faiths are welcome, and we acknowledge every individual's personal and cultural beliefs and values. Weekly services are available if desired.

REGULATION AND INSPECTION

Abbeycrest is registered and inspected by the Commission for Social Care Inspection (CSCI), and operates under the guidelines of the National Minimum Care Standards. Inspector's reports are available to residents and their families. In addition, there are annual visits by the Environmental Health Organisation, Fire Officer, and other associated regulators.

VISITORS

We always encourage visits from family members and friends to ensure that they are completely happy with the surroundings and care we give to all of our residents. Visitors are welcome at any time during the day or evening, subject to the care and rest needs of individual residents.

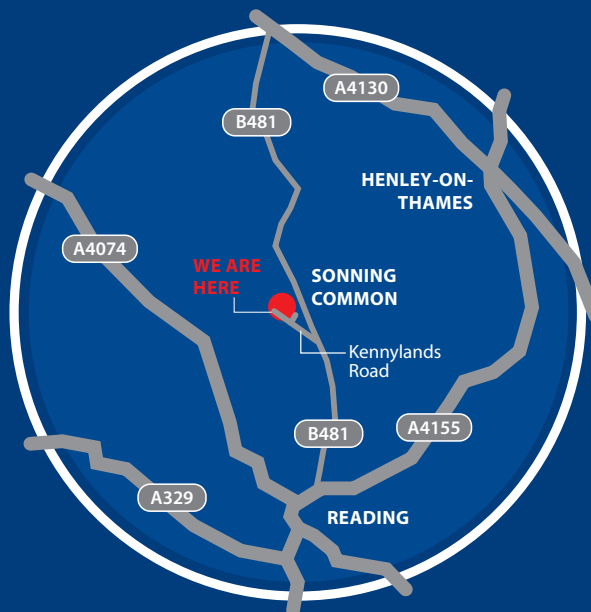
SHORT STAYS

At Abbeycrest we also welcome short-stay residents. Whether the stay is for a period of convalescence following an operation or injury, to provide a short break, or to sample the lifestyle with a view to becoming a permanent resident, a package of care can be developed to suit the needs of the individual.

THE NEXT STEP

We are very happy to arrange visits from prospective residents and their families, extending a warm welcome to all visitors. To visit the home or to make an appointment for an assessment of a prospective resident's care needs, please contact our manager on 0118 9724414 for further details.

HOW TO FIND US



Tel: 0118 972 4414

Essex Way, Kennylands Road,
Sonning Common, Reading RG4 9RG
www.caringhomes.org email: marketing@caringhomes.org



Abbeycrest

CARE HOME WITH NURSING

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Abbeycrest was originally a school, but was converted to a residential home in the 1980s. The home is ideally situated in the picturesque area of Sonning Common. In this tranquil parkland location general nursing care is provided to those over the age of 60.

Within a mile of the village centre and the local amenities, the home benefits from its close community links. Sonning Common is well placed for both historic Henley-on-Thames and the vibrant town of Reading, with train and bus connections close by.

We aim to provide a safe and secure environment to enable residents to enjoy as much independence as their condition will allow. It is within this homely atmosphere that we give personalised care at all times thereby enhancing residents' lives wherever possible.

PROFESSIONAL NURSING HEALTHCARE

Abbeycrest is a nursing home providing home from home accommodation for 24 older people who require general nursing care.

Our key focus is on providing a safe homely and supported environment for those within our care. We work closely with social and health teams, the residents and their families to strive to develop realistic and meaningful care plans.

The health and welfare of our residents is paramount, with staff encouraged to develop their skills with the help of our in house training provider.

SOCIAL ENVIRONMENT

The desire to create a 'home from home' is always uppermost in the minds of staff at Abbeycrest. Rooms are individually decorated and residents are encouraged to bring some of their own belongings with them, to help them feel they are a part of familiar surroundings.

There are clear benefits for residents in maintaining hobbies and leading as active a lifestyle as possible. At Abbeycrest a range of in-house hobbies, events and activities can be enjoyed by everyone, including crafts, games and sing-alongs. All residents are encouraged to participate in these activities, subject to their needs and abilities.

There is a dining room for residents who wish to take their meals within a social setting, in which our wholesome, home cooked food is served. We also have two comfortable sitting rooms.

There are gardens with wonderful views surrounding

the home, with sheltered areas for quiet reflection or time with families.

PRIVATE ROOMS

Abbeycrest offers care to 24 residents in comfortable rooms, five of which are companion rooms. The rooms have hand basin facilities and are fully furnished. An emergency nurse call system is installed in every room for residents to alert staff if required at any time of the day or night. For less mobile residents there is a passenger lift for ease of access.

LIFESTYLE

Dining is an important part of life at Abbeycrest. All our meals pay special attention to nutritional values and presentation. The focus is on wholesome, home-cooked food, and staff aim to take residents' individual needs and tastes into consideration in planning meals. We are happy to cater for special diets and even individual preferences.

In addition to breakfast, lunch and supper, hot and cold drinks and a range of snacks are available.

Friends and family are welcome to dine with residents by prior arrangement.

SERVICES

Various practitioners visit the home to suit the individual needs of our residents. These include a hairdresser, chiropodist, aromatherapist, physiotherapist, dentist and optician.

