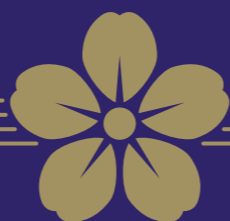




Sonning Place





# Sonning Place

*Sonning Place Care Centre is an imaginatively designed and well conceived care home, providing older people with high quality nursing care and accommodation.*

Award winning Caring Homes are delighted to bring to Sonning Common their premier brand



*Image for illustration purposes only*

## Introduction

It is constructed in local materials and designed to be in keeping with its' South Oxfordshire surroundings.

The centre is located in the picturesque village of Sonning Common, situated within a mile of the village centre and local facilities and amenities. It is well placed for easy access to both the historic Henley-on-Thames and the vibrant town of Reading, with train and bus connections close by.

In this tranquil setting nursing, residential and dementia care is provided for up to 70 people. It is our aim to provide a comfortable and

enjoyable home with a friendly and companionable atmosphere where residents can enjoy the highest standard of care from highly trained and qualified staff.

The transition into a care home can be challenging for both an individual and their family. Caring Homes recognises this and provides a working partnership that upholds the values of dignity, privacy and independence with the aim of providing practical assistance to the individual, family and friends moving to our home.

## The Home

Sonning Place Care Centre has been thoughtfully designed to take account of the specialised care of individuals suffering from Alzheimer's disease and other types of dementia. The building has been designed to support people who suffer from impaired memory and ability to learn and remember, reducing stress and enabling them to retain their skills and independence.

The 70 en-suite bedrooms provide comfortable, bright and spacious accommodation. All rooms are furnished and decorated to a high standard and residents are encouraged to bring some of their own belongings with them, to help them feel they are a part of familiar surroundings. Five of the 70 rooms are suites, which are larger bedrooms with their own kitchenette.

Special features include memory boxes, which have been placed in the walls next to each bedroom door to help residents find their bedroom easily. Residents can place precious personal items inside the box, such as wedding photographs to act as a reminder. Further, the

comfort and safety of the environment is enhanced by automatic lighting which comes on in each bedroom at night to light a safe path to the bathroom.

Each floor boasts delightful lounge and dining areas, and in addition the second floor has a lounge and dining terrace with panoramic views of the garden. There is a separate formal dining room available for private hire on request. A passenger lift ensures that residents can access all areas of the home.

The garden has been designed with specific features and careful planting to provide residents with an accessible and stimulating environment in which they can socialise with friends and family, take part in activities or simply relax. The garden includes shaded seating areas suitable for outdoor eating weather permitting. Awnings above doorways make the transition from house to garden seamless. A pergola walkway leads to a formal garden and lawn area including raised beds and activities area.

## Professional Nursing and Healthcare

On duty 24-hours a day, our dedicated team of staff provide high quality nursing care appropriate to individual needs. Our key focus is in providing a safe, homely and supported environment creating a positive person-centred approach towards residents care, through a planned multi-disciplinary team approach.

At Sonning Place, we carry out "Life Story" work with our residents so that we can tailor an appropriate care plan. Building a life story using our Golden Years programme, creates a positive relationship and develops a genuine understanding of an individual's life, needs and interests before they developed dementia. We draw up tailored care plans with residents on an individual basis in conjunction with their relatives, in order to support each individual resident according to their precise needs. The plans are regularly reviewed so they can be adjusted as an individual's needs change, ensuring appropriate care delivery at all times. We maintain a culture of total quality and we believe that continual training and support plays a major role in ensuring our high staff standards are maintained. Our in house training team makes certain that our staff continually develop and update their skills and practices.

## Lifestyle

We ensure a wide range of activities are available to help maintain a person's purpose and self worth. Residents may pursue their interests and hobbies either individually or in small groups, and the homes dedicated activities coordinator ensures there is always something going on. We also organise regular outings and try to accommodate other special interests wherever possible. A minibus is available for resident's outings and days out.

Dining at Sonning Place is a delightful, social experience to look forward to and be enjoyed by all.

Our experienced chef prepares menus which comprise of fresh, seasonal ingredients so that



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### Visitors

We operate an "open visiting" policy, and residents are welcome to invite whoever they choose into their personal living space. We encourage visits from family members and friends to ensure that they are completely happy with the surroundings and care we give to all our residents. Visitors are welcome at any time during the day or evening, subject to the care and rest needs of individual residents.

### Short stays

Subject to availability, we also welcome short-stay residents who simply wish to enjoy a break with us, require a period of convalescence, or wish to sample the lifestyle with a view to becoming a permanent resident in the future.

### Next Steps

We are happy to arrange visits from prospective residents and their families, extending a warm welcome to all visitors. For more information, please phone 0808 139 6024 for further details.

every meal is not only nutritious but also looks great and tastes delicious

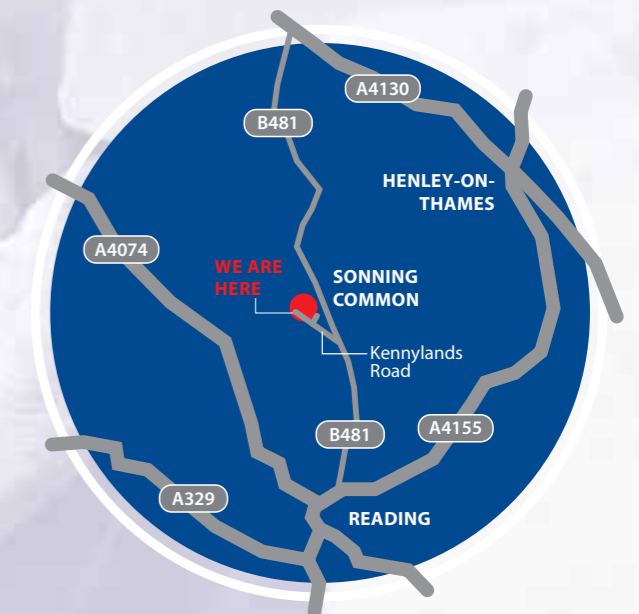
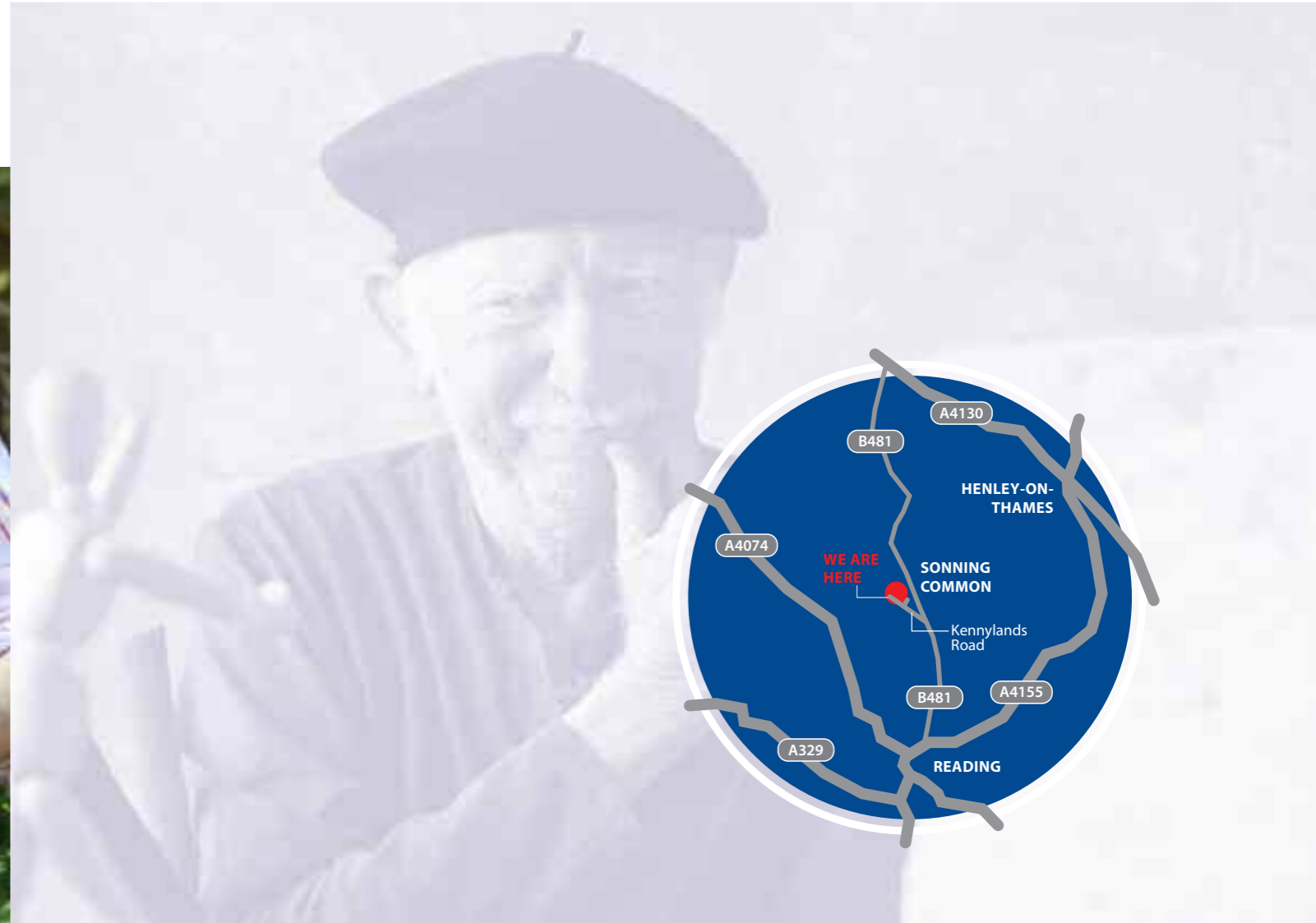
We place great emphasis on traditional cooking, plentiful servings and choice. The chef takes residents' individual needs and tastes into consideration when preparing the excellent wholesome home cooked meals.

We are happy to cater for special diets and individual preferences. In addition to breakfast, lunch and supper, hot and cold drinks and a range of snacks are available throughout the day. Residents are welcome to invite friends and family members for meals.

Hospitality Assured (The industry standard for service and business excellence). In line with the Caring homes reputation as the number one provider of high quality care, we are delighted to have achieved the Hospitality Assureds prestigious award for the last 4 years.

### Religion

The spiritual aspect of life is a vital element of residential care at our homes. Residents from all religious faiths are welcome. We acknowledge every individual's personal and cultural beliefs and values, and endeavour to uphold them to the full. Weekly services are available if desired.



**Sonning Place**

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